

House of the Moon's 2022 Retreat in Yellowstone

Program Theme: "Our Body is Sacred Land"

Arrival: Wednesday Evening of June 1st - Departure: Monday Morning of June 6th



SACRED SITE TOURS

HOM Council, Adviser & Faculty, Rain, will lead us to sacred sites of many Tribes and share creation stories. He'll invite participants to commune with the Land and the Sacred 4-Legged Beings in a way that will awaken ancestral memory, so that we may know again, that we are the Land, and we too, are Sacred.

Address:

14365 Hebgen Lake Rd. West Yellowstone, MT 59758

TRADITIONAL LAND ACKNOWLEDGMENT



HOM Adviser, Randy'L Teton of the Shoshone Bannock Tribe will welcome all of us and open our weekend retreat and ceremony with a Traditional Land Acknowledgment, honoring the ancestors whose Land upon which we will walk, rest and be healed by.

RE-MEMBERING COYOLXAUQUI, GRANDMOTHER MOON: WOMEN'S RETURN TO WHOLENESS

with HOM Elder Support, Faculty and Adviser, **Maestra Grace Sesma** The Coyolxauhqui Stone is an 11 foot pre-invasion disk carving of a dismembered woman and representation of Grandmother Moon that was uncovered during an excavation in Mexico City in 1978. It is, according to one interpretation, a prophecy of a time when woman's power would be torn apart as a result of the Spanish imposition of culture and religion upon Native cultures. Yet oral storytelling also spoke of a time of future awakening when women would call back their power and lead communities in a return to wholeness. We are in that time now. Grace will guide you participants/trainees in a process of reclaiming your personal power/energy in order to help you step more fully into your gifts of healing, wholeness, and leadership.

OUR CAMP

James Holt of the Buffalo Field Campaign (BFC) will be hosting us! BFC works to protect the natural habitat of wild free-roaming bison and other native wildlife, and stand with First Nations to honor the sacredness of wild buffalo. Their primary goal is to create permanent year-round protection for the ecosystem they depend on, including respect for the migratory needs of this long-exploited and endangered species.

TRADITIONAL FOODS AS A PATH TO RECLAMATION: HEALING OUR BODIES & OUR LAND



White Mountain Apache & Diné Chef and Indigenous Food Sovereignty Leader, Nephi Craig, from the acclaimed film "Gather" will facilitate several presentations that including cooking demonstrations and tastings. He'll offer nourishment, group discussion and participation on how healing, self-definition and the revitalization of purpose, ceremony and community are indelibly linked. He said, "Food is not something to buy, it's something to partake in". He'll share his story of how he created a thriving food economy within his own Reservation community and how we might envision the same in our own communities.

CEREMONIAL SWEAT LODGE



**HEALING THROUGH PERSONAL STORY
WITH HOM ADVISER & FACULTY, LOVINA LOUIE
OF THE NATIVE WELLNESS INSTITUTE**



Yellowstone Retreat: Schedule of Events (Pg. 3)

Wednesday, June 1

6:00 PM: Arrive to Camp any time before 6 PM (address on first page)

6:30 - 8:30 PM: Opening Prayer, Welcome & Introductions (*Dinner will be Served*)

Thursday, June 2

6:00-8:00 AM "Make your Own Breakfast" (A variety of foods will be provided)

8:30:AM: (Depart Camp) Journeying through the matrix of Sacred Sites in Yellowstone with Rain

10:00 AM: The Time of Creation – Yellowstone Lake

12:00 PM: Lunch at the Lake Hotel

2:00 PM: Where the Kiowa Passed the Test of Faith: How Yellowstone Became a Homeland to the Kiowa, The Buffalo and the Kiowa, A Relationship Born – Yellowstone River & Mud Volcano

3:00 PM: Buffalo Nations Valley

4:00 PM Return to Camp

6:30 PM Dinner at Camp will be served followed by Talking Circle

Friday, June 3

4-5:00 AM Sunrise Sweat - Lighting the Fire with LoVina Louie

5:00 - 6:30 AM Sweat Lodge Ceremony

6:30 - 8:00 AM "Make your own Breakfast" (A variety of foods will be provided)

8:30 AM: Traditional Land Acknowledgment with Randy'L Teton

9:00 AM - 12:30 PM: Re-Membering: Women's Return to Wholeness with Maestra Grace Sesma

Friday, June 3rd, continued...

12:30 - 2:00 PM: Lunch will be served

2:00 PM - 5:30 PM Re-Membering: Women's Return to Wholeness continued

6:30 PM: Dinner will be served

7:30 PM: Talking Circle

Saturday, June 4

6:00 - 8:00 AM: "Make Your Own Breakfast" (A variety of foods will be provided)

8:30 – 10:00 AM Indigenous Foodways, Health & Posterity w/ Nephi Craig

(This presentation will set the framework for the entire day. Craig will present on indigenous food-ways and cultural resurgence. This presentation will take a look at themes of colonial violence as barriers to health, while presenting Indigenous modalities and pathways toward health.)

10:00 - 11:30 AM: Intro to Healing through Story with LoVina Louie

11:45 AM – 1:00 PM Lunch w/ Nephi Craig

(This presentation will continue themes of morning session and Craig will describe & present the lunch menu - nourishment will be served.)

1:30 – 2:00 PM: Demonstration: Indigenous Pit Cooking and presentation

(This is a brief demonstration on the process of burying Indigenous foods in the ground to cook in the earth for dinner.)

2:00 - 4:00 PM: Healing through Story with LoVina continued...

5:00 – 7:00 PM Dinner and Demonstration: Unearthing the food from the pit

*(Chef Craig will present on the day's activities, reinforce cultural connections and unearth the foods in the pit. Craig and participants will briefly prep the foods for dinner. *Group discussion with Q&A to follow dinner.)*

Yellowstone Retreat: Schedule of Events (Pg. 5)

Sunday, June 5

5:00 - 6:00 AM Optional Lighting the Fire with LoVina Louie

6:00 - 7:30 AM Optional Sweat Lodge Ceremony

7:30 - 8:30 AM "Make your own Breakfast" (A variety of foods will be provided)

9:30 AM: Journeying through the matrix of Sacred Sites in Yellowstone w/ Rain

11:00 AM: The Power of Mother Earth – Norris Geyser Basin

12:00 PM: Lunch in Mammoth Hot Springs

2:00 PM: The Journey of Grizzly Cub and the Thunders, how with fire and ice
Obsidian Cliff was made – Obsidian Cliff

3:30 PM: Tukudeka Shoshone Lifeways - Sheepeater Cliff

4:30 PM: Transition to the Sacred, where the blue paint was gathered – Artists
Paint Pots

6:00 PM: Dinner at the Canyon Restaurant

7:30 PM: Wapiti Trailhead - Wolf Song & Closing Ceremony

Monday, June 6

6:00 - 8:00 AM: "Make your own breakfast" (A variety of foods will be provided)

9:30 AM Depart Camp